

The Power of Change

Achieve more; Have more; Start now!



A 2-hour workshop series that will lead you to be:

A Healthier Happier YOU

Feeling Empowered

Getting What YOU want

Clear Headed

Confident

Motivated

Energised

What a buzz – and all drug-free!!!

Parents? Awake at 3am worried your teenager has shut down, not talking, withdrawn? Open up communications lines again! Learn the questions to ask.

Small Business Owners do you have a Vision? Strategic Plan; Business Plan? Are they working with results/ cash in your back pocket? Systems sell service, product and businesses: come listen!

Professionals? If you suffer from low energy: are lacking in motivation: decision-making just too difficult? Get rid of the anxiety and depression!

LEARN to harness the Power of Change in YOUR life through a series of workshops.



Attend just one or all four.

Browns Bay – Bays Community Centre

7pm – 9pm with tea and coffee provided

- **Direction and Clarity**

Tuesday 20th May 2014 - Meeting Room 2

- **Communicate with Self and Others**

Thursday 22nd May 2014 – Inverness Room

- **Emotions and Your Experience**

Tuesday 27th May 2014 – Meeting Room 2

- **Values & Motivation**

Thursday 29th May 2014 – Inverness Room

1 Workshop

\$25

p/person

Package

4 workshops

\$75

p/person

COLLEEN BRYANT – a drug free therapist

MB: 027 499 4213

BOOK YOUR SEAT TODAY!

Pay and book online at www.alliancesuccesscoaching.co.nz

Or email colleen@alliancesuccesscoaching.co.nz